

Seeing things from another perspective

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Abstract

We as people, tend to consider that most important are money, fame, power and other characteristics that our “egocentric” society has wrongly perceived as significant. From now on, everyone, is going and must reassess the current situation and must be more appreciative for those people that actually contribute, make real decisions, help to resolve existing problems and try to make our life easier

“Everything happens for a reason” and “what I can learn out of this?”. These two concepts are the most important principles that someone must have in its mind, to face any situation may come across.

Appreciating things taken for granted

In a recent discussion with a friend he mentioned that during these difficult, as considered times, “Earth’s lunges are healed, while the lunges of humans are destroyed”. What a statement!!! Can you imagine this?

In our everyday life, with our big or small actions, we are destroying our planet. It is mentioned that during this period of global lockdowns the air pollution all over the world, has been significantly improved since factories have been closed, commuting has been decreased to minimum and huge cities like Paris, New York, London have been shut down. By seeing the positive impact this period has in our planet and eventually in humans’ health, maybe is time to change our focus and see from another perspective.

First of all, we must be grateful for our planet and appreciate what we are benefiting from it, for this small period of time that we live. Secondly, maybe is time for us to reconsider and find

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solutions to protect our planet for our own future and to be sustainable for the future generations. Remember: “Everything happens for a reason” and “what I can learn out of this?”

People and professions are getting the appreciation they worth

The most important asset that our planet, our society and the organizations in general have, is “its people”. Most of the time though, we forget this and we consider that most important is money, fame, power and other characteristics that our “egocentric” society has wrongly considered as significant. More power, fame and value are given to the movie stars, the football players, who are considered “role models” for the society. During this period of uncertain times though, since those people cannot actually contribute in a valuable way (i.e. cinemas are closed, movie productions and football matches have been postponed), the old role models have turned upside down. This time, more appreciation is given to doctors, nurses, people on the development of vaccines, the cashiers in supermarkets and pharmacies and many other professions that were not considered “significant” in the past. From now on, everyone, is going and must reassess the current situation and must be more appreciative for those people that actually contribute, take real decisions, help to resolve real problems and try to make our life easier.

We cannot forget though the contribution that some of the movie stars, celebrities and all of them, have in our everyday life or some people’s lives, by donating money, on finding solutions and helping other people that were unable to adapt in these difficult situations. Priorities have been changed and the sooner people understand this, the better will be for everyone. Always have in mind: “Everything happens for a reason” and “what I can learn out of this?”

Social distancing has brought people “closer”

The “social distancing” that is called, even though has “separated” people, in fact has brought people closer. Families and couples are spending more productive time together, which directed them come closer, discuss more and in general connect more. In many cases, due to more available time and the technology’s assistance, people are able to connect, even though do not live close to each other. Online platforms and other online applications had allowed people to communicate easier and faster and in general bring people closer. Before this particular “social distancing”, the fast pace that people live allowed them to use the excuse “I don’t have time, I am busy”. Now, since time is available and people don’t have so many tasks to perform, can find

also time to connect with each other. A personal opinion of mine, is that after this extraordinary experience passes, people will value differently their “available” time and will give priority to families, friends and people in general that in the past have taken for granted. Again, maybe all these happened for a reason and we can learn to appreciate more our people and time spent with them. Always have in mind: “Everything happens for a reason” and “what I can learn out of this?”

Anything that happens in our life happens for a reason and we must always find the real meaning behind it. The purpose of the article and the point of view, was not to ignore reality and say that this is something virtuous. Rather was just to remind everyone that we need to be “GRATEFUL” for what we have in our lives and try to see things from another perspective.

“Nothing has any meaning except the meaning you give it”. “Anthony Robbins”

References:

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